## Guidance from the Centers for Disease Control and Prevention (CDC)

The Connecticut Cancer Plan, 2021-2026 reflects the guidance of the Centers for Disease Control and Prevention's (CDC) National Comprehensive Cancer Control Program (NCCCP),<sup>3</sup> which recommends that state cancer plans focus on using evidence-based interventions across the continuum of cancer control. This Plan echoes those priorities in each chapter by:

## **Emphasizing Primary Prevention of Cancer**

- Increasing vaccination for the Human Papillomavirus (HPV) and the Hepatitis B Virus (HBV)
- Promoting tobacco-free living
- Improving nutrition and physical activity in communities, worksites, and schools
- Promoting sun safety behaviors
- Reducing exposure to radon and ultraviolet (UV) radiation (including artificial UV light sources).

## Promoting Early Detection and Treatment of Cancer

- Increasing use of recommended cancer screenings
- Supporting appropriate treatment
- Addressing financial barriers
- Providing emotional support
- Improving access to clinical trials
- Using patient navigators and community health workers

## Supporting Cancer Survivors and Caregivers

- Offering survivorship programs
- Promoting survivorship care plans
- Educating and providing relevant, culturally, and linguistically appropriate information to survivors, providers, and caregivers



**Centers for Disease Control and Prevention –** U.S. Cancer Statistics, Data Visualizations Tool

